

			Sehri Ends	Fajr			Zuhur		Asar		Ifttar	Isha & Taraweeh	
Date	Day	Ramadhan Hijrah	Dawn	Jama'ah	Sunrise	Zawal	Begins	Jama'ah	Begins	Jama'ah	Maghrib	Begins	Jama'ah
1	SAT	1	5:17	5:37	6:52	12:14	12:24	1:30	3:55	4:45	5:51	7:10	8:00
2	SUN	2	5:15	5:35	6:50	12:14	12:24	1:30	3:56	4:45	5:52	7:11	8:00
3	MON	3	5:13	5:33	6:48	12:14	12:24	1:30	3:58	4:45	5:54	7:13	8:00
4	TUE	4	5:11	5:31	6:45	12:14	12:24	1:30	3:59	4:45	5:56	7:14	8:00
5	WED	5	5:08	5:28	6:43	12:14	12:24	1:30	4:01	4:45	5:58	7:16	8:00
6	THU	6	5:06	5:26	6:41	12:13	12:23	1:30	4:02	4:45	6:00	7:17	8:00
7	FRI	7	5:04	5:24	6:39	12:13	12:23	1:30	4:04	4:45	6:01	7:19	8:00
8	SAT	8	5:02	5:22	6:37	12:13	12:23	1:30	4:05	4:45	6:03	7:20	8:00
9	SUN	9	5:00	5:20	6:34	12:13	12:23	1:30	4:07	4:45	6:05	7:22	8:00
10	MON	10	4:58	5:18	6:32	12:12	12:22	1:30	4:08	4:45	6:06	7:23	8:00
11	TUE	11	4:56	5:16	6:30	12:12	12:22	1:30	4:10	4:45	6:08	7:25	8:00
12	WED	12	4:53	5:13	6:28	12:12	12:22	1:30	4:11	4:45	6:10	7:26	8:00
13	THU	13	4:51	5:11	6:25	12:11	12:21	1:30	4:13	4:45	6:12	7:28	8:00
14	FRI	14	4:49	5:19	6:23	12:11	12:21	1:30	4:14	4:45	6:13	7:29	8:00
15	SAT	15	4:47	5:07	6:21	12:11	12:21	1:30	4:15	4:45	6:15	7:31	8:00
16	SUN	16	4:45	5:05	6:19	12:11	12:21	1:30	4:17	4:45	6:17	7:32	8:00
17	MON	17	4:43	5:03	6:16	12:10	12:20	1:30	4:18	4:45	6:18	7:34	8:00
18	TUE	18	4:40	5:00	6:14	12:10	12:20	1:30	4:19	4:45	6:20	7:35	8:00
19	WED	19	4:38	4:58	6:12	12:10	12:10	1:30	4:21	4:45	6:22	7:37	8:00
20	THU	20	4:36	4:56	6:09	12:09	12:19	1:30	4:22	4:45	6:24	7:38	8:00
21	FRI	21	4:34	4:54	6:07	12:09	12:19	1:30	4:24	4:45	6:25	7:39	8:00
22	SAT	22	4:32	4:52	6:05	12:09	12:19	1:30	4:25	4:45	6:27	7:41	8:00
23	SUN	23	4:29	4:49	6:03	12:09	12:19	1:30	4:26	4:45	6:29	7:42	8:00
24	MON	24	4:27	4:47	6:00	12:08	12:18	1:30	4:28	4:45	6:30	7:44	8:00
25	TUE	25	4:24	4:44	5:58	12:08	12:18	1:30	4:29	4:45	6:32	7:45	8:00
26	WED	26	4:21	4:41	5:56	12:08	12:18	1:30	4:30	4:45	6:34	7:47	8:00
27	THU	27	4:19	4:39	5:53	12:07	12:17	1:30	4:31	4:45	6:35	7:48	8:00
28	FRI	28	4:16	4:36	5:51	12:07	12:17	1:30	4:33	4:45	6:37	7:50	8:00
29	SAT	29	4:14	5:34	5:49	12:07	12:17	1:30	4:34	4:45	6:39	7:51	8:00
30	SUN	30	5:11	5:31	6:47	1:06	1:16	1:30	5:35	6:15	7:40	8:53	9:15



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The commencement of the month of Ramadan Insha'Allah will be announced based on moon sighting. Please follow our website and WhatsApp group for the updates.

### THINGS THAT BREAK THE FAST

- 1. To eat, drink or indulge in cohabitation intentionally
- 2. To burn incense (Agaratti) and inhale its smoke
- 3. If water goes down the throat while gargling
- 4. To vomit a mouthful intentionally
- 5. To swallow vomit intentionally
- 6. To swallow something edible, equal or bigger than grain of gram, which was stuck between teeth. However, if it is similar or bigger than the size of gram.
- 7. To drop oil or medicine into the nose
- 8. To Swallow the blood from gums with saliva. However, if the blood is less than the saliva and its taste is not felt then the fast will not break
- 9. Smoking or snuffing
- 10. To eat or drink forgetting one is fasting and thereafter, thinking that the fast is broken to eat or drink again
- 11. To apply medicine to the anus
- 12. For the women to apply medicine to the urinary organs

## • SUNNAHS IN RAMADHAN •

To observe Taraweeh

To increase the recitation of the Holy Quran

To observe the l'tikaaf during the last ten days of Ramadhan

#### MUSTAHAB (DESIRABLE) ACTS IN FASTING

To do Sehri (The meal before Subha Sadiq)

To delay the Sehri up to a little before Subha Sadiq (early dawn)

To break the fast immediately after sunset

To break the fast with dates. If dates are not available then with water

# • THINGS MAKROOH (DISLIKED) WHILE FASTING •

To chew items such as rubber, plastic, etc

To taste food or drink and spit it out

To collect one's saliva in the mouth and then swallow it

To clean teeth or mouth with tooth powder or toothpaste

To complain of hunger or thirst

To quarrel or argue with filthy words

## • THINKS THAT DO NOT BREAK THE FAST •

To eat, drink or undulge in cohabitation in forgetfulness

To vomit without intention

To vomit intentionally less than a mouthful

To have a wet dream

To oil the hair

To use surma (collyrium) in the eyes

To drop water or medicine in the eyes

To clean teeth with wet or dry miswaak

To apply or smell attar (perfume)

- 10. To swallow one's saliva or phlegm11. Water entering the ears
- 12. To take an injection



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SADAQAT-UL-FITR is obligatory on each adult male and female. If a person has children, the same amount has to be paid on behalf of each child.